Beyond Stereotypes: A Socialist Feminist Exploration of Female Characters in Shoujo Anime and Their Impact on Traditional Gender Roles in Japanese Society

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ABSTRACT
This study explores the complex portrayal of female characters in shoujo anime, focusing on how they challenge or subvert traditional gender roles and stereotypes in Japanese society. Through the examination of three popular shoujo anime series—“Nana”, “Skip and Loafer,” and “Violet Evergarden”—the paper investigates how the shoujo genre has evolved within the context of Japan’s cultural, historical, and political landscape. Utilizing a socialist feminist perspective, the research highlights the intersectionality of gender, class, and power, providing insights into gender equality’s universal challenges and opportunities. This investigation emphasizes shoujo anime’s potential to shape perceptions of gender roles among viewers, inspire alternative narratives, and contribute to the ongoing struggle for respectful and empowering representations of women. The study concludes with recommendations for fostering a culture that respects and values diversity in gender roles and expressions.

Introduction
Anime, the Japanese animated film and television art form, has captured the imagination of audiences worldwide. While recognized primarily as entertainment, anime has evolved into a medium that carries profound social implications, shaping perceptions, narratives, and ideals. Among the various genres within anime, shoujo anime, targeting a young female demographic, is especially intriguing for its portrayal of women and the thematic complexity it offers. This paper will explore the research question: How do female characters in shoujo anime challenge or subvert traditional gender roles and stereotypes in Japanese society?

Prompted by my own childhood fascination with anime, this research extends beyond mere academic exploration but a passionate inquiry into a beloved cultural phenomenon. But why study gender roles within shoujo anime? The answer lies in the richness of the genre, its connection to feminist movements, its interplay with gender dynamics, and its reflection of societal changes and aspirations (Allison, 2000).

Born amidst societal upheavals, gender struggles, and artistic innovations, shoujo anime emerged in the context of the second wave of feminism, the sexual revolution, and a golden era of Japanese comics (Saito, 2011). This convergence of factors created a cultural environment where shoujo anime could thrive and develop its own unique voice. The inception of the shoujo genre brought fresh elements that contributed to its popularity. Unlike shounen anime, which often emphasizes grand narratives and broader contexts, shoujo anime tends to focus on personal and emotional dimensions (Tanaka & Ishida, 2012). This difference in perspective has allowed shoujo authors to explore unique themes and represent women in ways that challenge or transcend conventional gender roles.
Interestingly, many early shoujo manga were penned by male authors. The emergence of female artists within the genre was a significant shift, allowing for more nuanced and authentic portrayals of female characters and experiences (Choo, 2008). This transition from male to female authorship, itself, can be seen as a reflection of broader social changes in gender roles.

Shoujo anime, often centered around male-female relationships, navigates the intricate gender dynamics. The genre’s portrayal of these relationships can be seen as both a mirror of Japanese society and an instrument for potential change. Given the pervasive influence of media in shaping perceptions, the study of gender representation within shoujo anime offers valuable insights into Japanese culture and its evolving gender roles (Dalton & Brinton, 2017).

Approaching this research, a socialist feminist lens will be employed focusing on three anime series—“Nana”, “Skip and Loafer”, and “Violet Evergarden.” This perspective was chosen to explain gender in a social context, emphasizing the interplay of gender and class (Molony & Uno, 2005). Despite the popularity of anime and a growing body of scholarly work on gender roles in Japan, a gap exists in the comprehensive analysis of shoujo anime from a socialist feminist perspective. This research aims to fill that void by exploring the ways in which female characters challenge or subvert conventional gender expectations. By focusing on three popular series known for their complex female characters, the study will delve into intricate portrayals that may subvert or challenge established gender roles.

This research holds importance not only for anime enthusiasts and scholars but for anyone interested in understanding gender roles within a contemporary Japanese context. It seeks to bridge cultural studies, media analysis, and feminist theory, offering a multidimensional view of a topic that impacts individuals and society as a whole.

While the study is extensive in its analysis, it will primarily focus on the selected series and the socialist feminist perspective. Other genres of anime, different feminist theories, or broader media studies will not be the central concern of this paper.

The exploration of female characters in shoujo anime, as they challenge or subvert traditional gender roles, is an inquiry into the heart of societal norms. It is a journey through history, art, politics, and ideology, reflecting a complex interplay that continues to shape and be shaped by people. As this research unfolds, it offers a window into a world where art meets life, and imagination meets reality, weaving a narrative that is as engaging as it is enlightening.

**Literature Review**

Japan’s gender roles reflect an intricate web of historical, cultural, and political influences. One of the earliest and most compelling representations of women’s strength and agency in ancient Japan can be traced back to the onna-bugeisha (Yamakawa, 1974). The onna-bugeisha were a class of female warriors belonging to the Japanese nobility. Contrary to the more commonly recognized male samurai, onna-bugeisha were skilled in hand-to-hand combat and adept at using weapons like the naginata, a long polearm. “They were trained in self-defense and offensive maneuvers the same way as men. They were even trained to use a weapon specifically designed for women – Naginata, to allow them better balance given their smaller stature.” (Oishya, n.d.). Their primary role was to protect their communities, particularly during times when men went off to war. However, the introduction of Chinese Confucianism during the Nara period fundamentally reshaped the social landscape, diminishing women’s societal status and marginalizing the roles of these warrior women like the onna-bugeisha (Yamakawa, 1974). The Edo period further entrenched Confucian gender norms through the Shogunate’s policies, nudging women into domestic roles characterized by obedience and familial duty (Varley, 1984; Tanaka, 1993). During the Meiji Restoration, Japan’s trajectory shifted towards modernization and the embrace of Western ideologies, leading to laws that both advanced and impeded women’s social status (Sievers, 1983; Mackie, 2003). The post-World War II era witnessed Japan’s efforts to elevate women’s status through legal
reforms that prioritized education and workforce participation (Molony & Uno, 2005; Brinton, 1993; Kumagai, 2012). Despite these legal landmarks, cultural factors continue to perpetuate gender disparities, such as wage gaps and underrepresentation in leadership roles (World Economic Forum, 2020; Hidaka, 2012; Dalton & Brinton, 2017).

Media, particularly anime, has played an essential role in constructing and contesting gender roles in Japanese society. While much research emphasizes how media, including anime, reinforces traditional stereotypes, other studies illustrate how media can challenge and upend these norms. For example, Ekachai and Drout (1996) explored the complex dynamics of gender roles in Japanese comics, highlighting the ability of anime to portray diverse gender identities. Shoujo anime, targeting a young female audience, often portrays female characters as active agents, thereby challenging traditional gender expectations. Series like “Revolutionary Girl Utena” have diverged from conventional portrayals, enabling readers to interpret characters’ genders and explore themes of gender fluidity (Saito, 2011). Additionally, the emphasis on female friendships in works like “Sailor Moon” promotes empowerment and solidarity among women (Allison, 2000).

Understanding Japan's gender roles evolution demands a thorough examination of pivotal historical milestones. The Meiji Restoration introduced Western ideologies, leading to profound shifts in societal norms and gender expectations (Uno, 1999). Post-World War II saw a surge in female labor participation to replace the male workforce lost in battle. This, along with government-driven policies to increase birth rates, led to significant social transformations (Molony & Uno, 2005). The women's liberation movement of the 1970s further advanced the discourse on gender equality, reflecting a global trend towards recognizing women's rights and promoting gender equity (Kumagai, 2012).

Shoujo anime stands out as a platform that offers unique insights into gender dynamics in Japan. Series like “Nana” (Yazawa, 2009), “Skip and Loafer” (Takamatsu, 2023), and “Violet Evergarden” (Akatsuki, 2020) have made significant strides in portraying complex female characters. Existing research has often focused on general gender representations in anime, such as the portrayal of women as submissive or confined to domestic roles (Napier, 2005), or the use of anime to challenge gender stereotypes (Ekachai & Drout, 1996). Ueno’s linguistic analysis of gender identity in manga demonstrates how the medium can be utilized to dissect the intricacies of gender expression and roles (Ueno, 2006). Specific studies on female friendships in anime or the exploration of gender fluidity are also seen in works by Tanaka and Ishida (2012), who explore the innovative potential of manga from a gender perspective, and Choo (2008), who studies the portrayal of femininity in popular Japanese girls’ manga and anime. The existing literature, however, seems to lack a comprehensive analysis of shoujo anime's broader impact on gender studies, particularly regarding gender fluidity and the role of female friendships. This perceived gap may point to a need for further scholarly investigation into these nuanced aspects of gender representation within shoujo anime.

**Methodology**

The choice of anime series to be analyzed in this study was a critical step, as it aimed to address the research question of how female characters in shoujo anime challenge or subvert traditional gender roles in Japanese society. The three series selected—“Nana” (Yazawa, 2009), “Skip and Loafer” (Takamatsu, 2023), and “Violet Evergarden” (Akatsuki, 2020)—were chosen based on specific criterias. Firstly, the popularity of these series ensures that they have reached a broad audience and therefore, have potential social impact. Their popularity was determined by their reception, ratings, and reviews found on platforms like MyAnimeList. Secondly, the themes explored in these series relate to women's independence, agency, and friendship. This relevance was determined through preliminary qualitative content analysis and review of literature including Ueno's linguistic analysis (Ueno, 2006) and Choo's study on femininity portrayal (Choo, 2008). Thirdly, These series were selected to represent different facets of gender roles, relationships, and societal expectations. They also cover various genres, settings, and character archetypes, ensuring a comprehensive understanding of the subject.
The socialist feminist perspective was chosen as the theoretical framework for this study, providing a lens to examine how social factors interplay with gender roles and stereotypes. It recognizes gender inequality as intertwined with economic, political, and social structures.

This perspective was deemed applicable to this study due to its alignment with the themes explored in the selected anime series. For instance, “Nana” examines women's economic independence and struggles in modern urban life, a theme that resonates with socialist feminist ideas.

A qualitative method was utilized to delve deeply into the portrayals of female characters in the selected series. The analysis began with watching all episodes and meticulously noting scenes and dialogues that seemed to challenge traditional gender norms, focusing on elements like character growth, story progression, aesthetic presentation, and character interactions. From these observations, data was categorized around themes such as women's independence, agency, and friendship, aligning them with socialist feminist principles. Additionally, a comparative analysis was employed to identify both commonalities and differences among the selected series, enabling insights into various facets of gender portrayal within the shoujo genre. To deepen the analysis, previous studies were referenced, guiding the interpretative exploration of narrative subtleties and their implications for traditional gender roles, thereby understanding how these anime challenge or reinforce traditional gender roles.

While striving for balanced representation, more examples might be drawn from one anime series over the others. This is justified by the fact that different series may offer varying depth and richness in the portrayal of gender-related themes. For example, the complexity of character relationships in “Nana” might necessitate a more thorough examination compared to the other series. This approach is aligned with the qualitative research design, where the depth of understanding is prioritized over the quantity of data.

In this study, while the primary focus remains on the anime adaptations, certain scenes from the manga versions of "Skip and Loafer" will also be incorporated into the analysis. The rationale behind this decision is twofold: firstly, "Skip and Loafer" is an adaptation of its original manga sources, implying that the manga versions carry the core essence and depth of the narrative. Moreover, manga often provides additional context, dialogues, or scenes that might be abridged or modified in the anime adaptation due to constraints. Secondly, while the anime series of "Skip and Loafer" has reached its conclusion, the manga continues. It's noteworthy that “Nana” is also an adaptation of a manga, and “Violet Evergarden” on the other hand is an adaptation of a light novel rather than a manga. Leveraging both anime and manga sources provides a more comprehensive and holistic examination of the chosen narratives, ensuring that no significant element influencing the portrayal of gender roles is overlooked.

**Data Analysis**

The analysis presented below explores the representation of female characters in the selected shoujo anime series “Nana”, “Skip and Loafer”, and “Violet Evergarden.” It primarily aims to investigate how this series challenges or subverts traditional gender roles and stereotypes in Japanese society. The analysis is structured around three major categories: women's independence, women's agency, and women's friendship. As previously mentioned in the literature review section, feminist theory provides the guiding framework for categorizing the data.

Independence forms a core theme in these series, challenging the conventional depiction of women as reliant and restricted by societal norms.

“Nana” delves into the lives of two women, both named Nana and from very different backgrounds, whose worlds intersect in Tokyo. Nana Osaki exudes a self-reliant, cool demeanor and is the embodiment of a punk rock icon. As the emotionally aloof lead singer of the band "Black Rock," she arrives in Tokyo with only her guitar, cigarettes, and a strong desire for music. On the other hand, Nana Komatsu, who is known as "Hachi," is the quintessential dreamer. Easily infatuated with love, she often confuses infatuation with romance and...
dreams of a simple future that includes a husband, a family and a big house. Nana Osaki in “Nana” is emblematic of a woman striving for independence, refusing to be constrained by conventional gender roles. Her journey to Tokyo to become a professional musician reflects her self-reliance and ambition. And this is shown by her assertion when it comes to her boyfriend, “I don’t sing for Ren, I sing only for myself, as I always have” (Ep5), emphasizing her independence and personal desires that are independent from other people. In “Nana”, Nana Osaki is portrayed as a symbol of independence and self-reliance. The tension between her musical ambitions and her relationship with Ren offers a poignant illustration of her determination to be her own person. In Episode 5, Nana Osaki’s independence is openly discussed between Yasu and Nobu, who are both in Nana’s band, when they learn that Nana’s boyfriend Ren is joining another band and going to Tokyo. Yasu asserts, ”Nana is not some cat that belongs to Ren. You know as much as I do that she’s an independent woman. She’ll go with him if she wants to. That’s something for Nana to decide. I’m sure that’s how Ren thinks, too” (Ep5). This dialogue emphasizes Nana Osaki’s autonomy in deciding her own path, even in the face of significant romantic decisions. Furthermore, Nana’s refusal to move to Tokyo with Ren underscores her commitment to her own independence. When her friend Nobu comes to persuade her to go to Tokyo with Ren, she expresses her determination, saying, “I’d be waiting around for my big break to come while he was off busy living the life of a rock star and a band that has a better singer than me. I don’t want to be a housewife making dinner waiting for him to come home and complete my sad little existence. He’ll never see me doing that. I would rather die. So, I’m gonna stay here. Take a bunch of singing lessons until I’ve got the confidence to make it as a singer without having to depend on Ren’s help. And then one day move to Tokyo on my own” (Ep5). Here again, Nana shows her independence by saying that she doesn’t want to be a housewife, completely relying on Ren for living. And she has her own dream to pursue. The anime “Skip and Loafer” centers around the heroine, Mitsumi Iwakura, who enters a major high school in Tokyo with honors from a small middle school in a remote, sparsely populated town in Ishikawa, Japan. She showed her independence in the first episode, when on the first day of school while waiting for the train to come, she thought about the future, “I have a clear road map for my life! I will obviously go to Tokyo U, attend law school, and graduate as valedictorian. I’ll join the Ministry of Internal Affairs and build a career there providing key solutions to rural depopulation. After I retire, I’ll return to my hometown and become mayor there, using the knowledge from my career to greatly improve our finances. And when I die, I’ll have my ashes scattered in the Sea of Japan. In the next three years, I’ll develop the brains I need to fulfill those ambitions” (EP 1). She had a very clear objective and a life plan, this is very rare in shojo anime, where most of the girls are often portrayed as naive and almost stupid, so that they can make the boys look smarter and be protected. But this isn’t the case for “Skip and Loafer.” Mitsumi is a village prodigy who came to Tokyo alone with an ambitious plan. On the first day of school, she even spoke in front of the entire school on the first day of highschool as the representative of the new students. Because she got the best grade in the entrance exam. This is clearly challenging the gender stereotypes that boys are always smarter than girls. On the first day of school, Mitsumi got lost in the train station and didn’t know where to go until the male main character Shima found her, highlighting the struggles of women seeking independence. Thus, Mitsumi’s journey from her remote hometown to Tokyo reflects self-reliance and determination, while highlighting the struggles of women seeking independence. “Violet Evergarden” adds even more complexity to this theme. The heroine Violet starts as a mere military weapon, gradually reclaiming her humanity, emotions, and subsequently her independence. Despite her early associations as Major Gilbert Bougainvillea’s “tool” in the war, her transition post-war offers a nuanced take on her personal growth. The setting is after the war ended, Violet got a job as an Auto Memory Doll, writing letters for clients while processing her own trauma and understanding emotions. The independence of Violet is portrayed through her transformation from a military tool with no emotion into a self-sufficient and self-realizing individual. In the first episode, on Hodgin's way to the hospital to pick up Violet, from his monologue, we are able to learn about the background of Violet, “Her existence was hidden from everyone. However, people who knew about her said that she was a weapon. She would fight if you ordered her to. She just looked like a human. She was just a tool without a heart” (EP1). On the surface, this dialogue highlights
the fact that Violet is objectified, reflecting the broader issue that women are often reduced to objecthood rather than having their intrinsic human value recognized. The word "tool" evokes the notion of passive obedience, suggesting a broader societal expectation that women are docile and obedient. However, the program itself is a rebuttal to this restrictive view. Violet's eventual employment at the CH postal company marks her first step towards independence. And her job as an Auto Memory Doll, which requires empathy, sensitivity, and a deep understanding of the human experience, stands in stark contrast to her initial characterization as heartless.

Violet's transformation from soldier to civilian, and the depiction of the Auto Memory Dolls as independent professionals, represents a notable shift from traditional gender stereotypes. Furthermore, the depiction of Auto Memory Dolls, primarily women, performing professional roles in society challenges Japanese gender norms that historically emphasized women's primary responsibilities as housewives. The interaction between Violet and Cattleya, a senior figure in the postal company, at the typewriter exemplifies this. When Cattleya compliments Violet on her improvement in typing, Violet, still holding onto her militaristic instincts, refers to the typewriter as a "weapon," Cattleya: “You've improved a lot! Amazing.” Violet looked at the typewriter and said: "This weapon is what's amazing." Her choice of words sheds light on her ongoing struggle to reconcile her past as a soldier with her current civilian life. However, Cattleya responded, "Weapon. You're right. It's a weapon for working girls like us to go out into society and fight." Here, the typewriter becomes a tool of empowerment, allowing women like Violet and Cattleya to make their mark, voice their perspectives, and challenge societal norms. This scene is emblematic of the broader feminist themes of the anime. Within the confines of the postal company, women are not mere passive receivers of societal expectations but active agents crafting their narratives. The typewriter is equated to a weapon, highlighting the transformative power of professional work in elevating women's status in society. The shift from following orders to acting on free will reflects Violet's growing autonomy, challenging traditional gender stereotypes that often associate femininity with dependence (Lan, Shan & Wang, 2021).

Agency, the ability to make personal choices and control one's destiny, is another significant theme across these series. This theme reflects the feminist concern with women reclaiming their autonomy. In "Nana," both Nanas represent different forms of women's agency. With a traditional desire to be a bride, Nana Komatsu epitomizes a form of agency that is rooted in tradition but not without personal choice. She symbolizes a segment of women who find strength in their established social roles. On the other hand, Nana Osaki's determination to forge her own trajectory in life and challenge mainstream expectations provides women with an alternative that is both independent and confident. In Episode 5, when Nobu argues that Ren, Nana Osaki’s boyfriend, is leaving her behind to go to Tokyo, Yasu says: “Nana is not some cat that belongs to Ren...” (Ep5), illustrating a recognition of Nana Osaki’s ability to make her own decisions and challenging patriarchal notions of women as subordinate to men. In "Skip and Loafer," the theme of women's agency is explored particularly through the character of Mika. Although she is just a peripheral character in the anime, her character is emblematic of the struggles that many women in real life face in terms of self-worth and societal pressures. Her relationships with her peers, especially Mitsumi and Yuzuki, expose the internal conflicts she grapples with concerning beauty standards and societal acceptance. A pivotal scene captures this when Mika, having put significant effort into her appearance, is confronted by Yuzuki’s effortless beauty: “Hot girls can make even the simplest outfits look great. They don’t need to be all tryhard like me” (EP 3). In the later episodes, Mika's insecurities are further displayed as she murmurs, after seeing Mitsumi's candor and Yuzuki's beauty, "I'm not a stunning beauty, or a pure, straightforward person. Who in the world is ever going to choose me" (EP 5). However, as the anime digs deeper into Mika's backstory, the depth of her character is further unfurled, revealing the roots of her insecurities. Her past of being isolated due to her fat appearance becomes the driving force behind her transformation. Mika does not succumb to societal pressures, and her journey of self-improvement - whether it be her hard practice of volleyball, conscious dietary control, or mastery of make-up techniques and fashion - reflects her renewed sense of self. Mika's path of growth is not just about conforming to societal norms, but an active choice to redefine her self-worth and identity on her own terms.
In the three selected anime series, the portrayal of female relationships often transcends the traditional media narratives of envy or contention, offering instead a refreshing emphasis on mutual trust, empathy, and unwavering support. This dynamic resonates strongly with socialist feminist values that underscore the importance of solidarity among women, as opposed to the conventional design where women are pitted against each other in a competition for male attention. The concept of sisterhood, in feminist discourse, is founded on the idea that women form a community, and rather than being rivals, they should uplift each other. The anime “Nana” epitomizes this theme through the bond between the two Nanas.Instances of their deep connection are evident throughout the series, such as Nana comforting Hachi sleeping together in the same bed after their discovery of Hachi’s boyfriend's infidelity. A pivotal moment unfolds in Episode 7 when Nana Komatsu and Nana Osaki meet while searching for an apartment. The two had met before on a train to Tokyo and immediately recognized each other, and decided to move in the apartment together. Komatsu's monologue gives us an insight into the trust and affection she feels for Nana Osaki even though she has just met her, saying, “When I first arrived in Tokyo, I didn’t know whether I’d be able to make it or not. Could I get a job, would I be Shoji’s girl forever? I had mountain of anxieties. But as strange as it seems, I had absolutely no qualms about moving in with you, Nana. It’s hard to explain why. That’s just how it was.” Their friendship is further demonstrated in episode 8. After spending the day shopping for furniture, the two separate for the evening. Nana Osaki stays home to wait for the furniture to be delivered while Nana Komatsu goes on a dinner date with her boyfriend Shoji. However, even during this private time, Komatsu still remembers Nana Osaki, who is staying home alone, and makes sure to bring back a burger for Osaki. Despite Shoji’s attempts to prolong their date and wanting her to stay at his house for the night, Komatsu says, “Nana’s stuck in that empty room all by herself. She’ll be lonely” (EP 8). When Shoji says that Nana won’t feel alone and offers to escort Komatsu home, she refuses and catches a taxi, and says that she needs to deliver the food to Osaki while it’s hot. “Skip and Loafer” illuminates the depth and resilience of female friendships. Episode 1 introduces Mitsumi’s isolation when she first arrives in Tokyo. On her first day of school, she tries to chat with Mika in the backseat, but is treated with indifference. However, as the episode progresses, the relationship between the two transforms. This transformation started after Mitsumi and Mika already got to know each other, but still haven’t become very good friends yet, Mika teaches Mitsumi volleyball to prepare her for the class volleyball match. Mika says to Mitsumi: “Murashige-san used to be on the volleyball team, too. So why did you come to me? I guess I have always been nasty to you, huh? So you didn’t mind troubling me? Is that it? Mika: “You did, huh?” Mitsumi: “But looking back…You never lied to me. You just didn’t mince words. So I figured you wouldn’t sugarcoat things with volleyball, either. You know, there’s more to teaching than simply answering questions. And you did teach me well. You’ve worked really hard to get this good, and it shows.” It’s this conversation that brings them closer, as Mika reminisces about how she used to be isolated from her class because she was fat, and then she worked hard to practice volleyball, lose weight, and learn to do makeup to be what she is now. This scene suggests genuine appreciation between women to bridge initial misunderstandings. Friendship is also shown in “Skip and Loafer” through Yuzuki and Kurume. Yuzuki’s beauty has caused jealousy and conflict among her classmates in middle school, with the genuine desire for friendship, she successfully made real friends with Mitsumi, Mika, and Kurume in high school. However, Yuzuki’s traumatic past, a result of her beauty, initially seems to repeat in high school. There was a scene in the manga, it’s the second year of high school, and after the reorganization of classes, Yuzuki has been assigned to a different class from her friends, and is forced to fit in with the group in her new class. A boy from her new class asks Yuzuki and other classmates if they want to go to the movies together. Yuzuki, with the genuine desire to make new friends just like she made friends last year, volunteers to go as well. But when the day came, only the guy who asked them out showed up, and Yuzuki was confused. The guy said that Sugimoto, another boy who was supposed to come to the movie with them, couldn’t make it. At the same time, another girl sent a text message to Yuzuki saying that she wasn’t feeling well and couldn’t make it to the movie today. Yuzuki could tell that the boy was doing it on purpose, and asked him directly, “Was this on purpose? I
know what you’re up to. You planned on turning this into a date from the very start, right?” The boy admitted it and said: “Uh… I mean, I’ve been interested in you since last year…” Yuzuki said, “Is that so? Then, did you think about how I would feel after being lied to by everyone? Don’t do that again, `kay?” And she walked away.

Later the next day at school, the two girls who were supposed to go to the movies yesterday said to Yuzuki, "Hey, we’re sorry about what happened at the movies. Sugimoto didn’t seem like he was just messing around, he was serious about you so…” The other girl: “So please don’t be mad at us.” Yuzuki: “Why are you acting like this is my fault just because I didn’t want to put up with him? I said I’d go because I wanted to be friends with you two.” Yuzuki was very sad and she ran away with tears, because this reminded her of middle school, and she felt like nothing had changed. After Kurume hears from Shima about what happened to Yuzuki in her new class, she immediately goes to see Yuzuki that night. Recognizing the pain and isolation Yuzuki feels, Kurume’s response emphasizes the strength and value of genuine female bonds. Kurume’s confession: "Yuzu, you know, I got ahead of myself and thought that I was your closest friend at school. How do I say this…Since we’re different, I know that I might not always be the person who understands you best but I still want you to talk to me when you’re going through something painful," encapsulates the essence of sisterhood. It acknowledges individual differences while stressing the importance of shared empathy. By emphasizing authentic female bonds and questioning male entitlement, the narrative promotes ideals resonant with socialist feminist values.

Discussion

The intersection between shoujo anime and gender roles in Japan reveals a multifaceted interplay of cultural, social, and artistic forces that deserves careful scrutiny. By examining three notable shoujo anime series—"Nana," "Skip and Loafer," and "Violet Evergarden"—through a socialist feminist lens, a nuanced narrative of transformation, contestation, and complexity emerges. This discussion seeks to contextualize these observations, elucidating how shoujo anime both reflects and shapes gender dynamics within Japanese society.

One of the significant contributions of shoujo anime to the discourse on gender roles is the portrayal of female characters as active agents, often at odds with traditional gender expectations. In "Nana," women navigate complex relationships, careers, and personal challenges, showcasing a multifaceted female experience (Yazawa, 2009). Similarly, "Violet Evergarden" presents a journey of self-discovery and resilience, defying conventional portrayals of women as passive or dependent (Akatsuki, 2020; Lan et al., 2019).

These narratives align with socialist feminist perspectives, underscoring the importance of women's agency in economic and social spheres (Hartmann, 1981; Eisenstein, 1983). They reflect a growing consciousness of women's economic independence, educational opportunities, and empowerment. Such portrayals offer not only fictional accounts but also resonate with the real-life aspirations and struggles of women in contemporary Japan.

The portrayal of gender fluidity, particularly in shoujo anime, marks a significant departure from rigid societal norms. Series like "Revolutionary Girl Utena" have been instrumental in opening dialogues around gender identity and challenging stereotypes (Saito, 2011). This complexity extends to the intricate portrayal of relationships between men and women, often mirroring the shifting gender dynamics in Japanese society (Ekachai & Drout, 1996). The capacity to explore these multifaceted relationships enriches the genre, offering both reflection and critique of prevailing societal norms.
Shoujo anime, by virtue of its distinct female perspective and thematic richness, serves as a cultural commentary on broader social changes in gender roles. The transition from male to female authorship within the genre, for instance, mirrors broader social changes, as noted by Choo (2008). Such shifts reflect a growing awareness and reevaluation of gender roles, in line with global feminist movements and societal transformations.

Furthermore, shoujo anime’s focus on personal and emotional dimensions provides a unique platform for exploring the intricacies of the female experience. This focus contrasts with the more grand narratives found in shounen anime, adding a distinctive voice to the conversation on gender roles and representation (Tanaka & Ishida, 2012).

The influence of shoujo anime extends beyond Japanese society. As anime gains global popularity, its portrayal of women and gender roles resonates with a broader audience, reflecting universal themes of empowerment, identity, and transformation. Shoujo anime's nuanced and often progressive depictions of women contribute to shaping global perceptions and dialogues around gender equality (Napier, 2005; Allison, 2000). This global reach amplifies the genre's significance, making its study vital for understanding contemporary gender dynamics.

Shoujo anime, as both a mirror and a catalyst, offers valuable insights into Japanese culture and its evolving gender roles. Its ability to engage, inspire, and provoke makes it a significant cultural artifact, worthy of continued scholarly attention and public engagement.

Conclusion

The investigation into female characters in shoujo anime, and their challenging or subverting of traditional gender roles and stereotypes in Japanese society, provides a complex and nuanced understanding of societal norms, cultural shifts, and human expression. While this study's primary focus has been the Japanese context, its implications resonate globally, reflecting universal challenges and opportunities related to gender equality.

Anime, particularly the shoujo genre, carries more than mere entertainment value; it informs and shapes perceptions of gender roles among its viewers, including young girls. By presenting women characters who are complex, active agents in their own narratives, shoujo anime can inspire young female viewers to break free from restrictive gender stereotypes and envision new possibilities for themselves. Works like "Nana," "Skip and Loafer," and "Violet Evergarden" challenge traditional gender roles and offer alternative narratives, not only in fictional worlds but in real-life societal discourse.

However, it is essential to recognize the diverse landscape of anime, where misogynistic tropes and dehumanizing portrayals are also prevalent. A significant number of anime series can be criticized for their objectification of women, promoting an unhealthy culture that includes sexual harassment imagery and voyeurism (Saito, 2011). This dichotomy within the anime industry highlights the ongoing struggle to provide respectful and empowering representations of women.

A common social phenomenon observable both in anime and broader society is the tendency for women’s self-understanding to be based on their relationship to men. This is not merely a reflection of creative choices in media but represents a deeply ingrained cultural construct. To foster a more gender-equal society, efforts must be made to enable women to understand and define themselves independently of their relations to men. This requires not only challenging portrayals in media but also broader societal changes in education, policy, and social norms.

As a Chinese individual who grew up in China, I find it vital to explore the gender dynamics in the context of China's declining birth rate and cultural expectations surrounding family and women's roles. Women often bear children primarily for men, with children carrying their father's last name. This practice underscores the patriarchal structures that continue to define gender relations in many parts of the world.

To move towards a more gender-equal society, incremental steps must be taken, recognizing the complexities and deep-rooted challenges. Educators, policymakers, media creators, and individuals must work together to foster a culture that respects and values diversity in gender roles and expressions. Anime creators,
in particular, must recognize the power they wield in shaping perceptions. While shoujo anime provides some positive examples, a more comprehensive shift in the industry is needed, including thoughtful portrayals of female characters in genres such as shounen, where female characters are often relegated to stereotypical roles (Tanaka & Ishida, 2012). This study, while comprehensive, has its limitations, focusing primarily on three shoujo anime series and the socialist feminist perspective. Future research could explore other genres, feminist theories, and cultural contexts to provide a more nuanced understanding of the intricate interplay between anime and gender roles.

The exploration of female characters in shoujo anime opens a window into the ever-evolving landscape of gender roles, societal norms, and cultural expression. It is a reflection of a complex world where progress and challenges coexist, where art and imagination collide with reality. By engaging critically with this medium, we can gain insights into the ongoing struggle for gender equality, recognizing both the achievements and the work that still needs to be done. The path towards gender equality is neither straightforward nor simple, but it is a journey worth embarking on, armed with the understanding, compassion, and determination to create a world where everyone has the freedom to define themselves, not by societal expectations and stereotypes, but by their unique individuality and human dignity.

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